

Preparation of endoscopy procedure

The day before the examination patients are allowed to eat and drink as usual until the afternoon. The day before examination the patient should be drinking around 4-5 pm 1 portion (75 ml) X-PREP solution without dilution.

Following that the patient should be drinking continuously during the evening min. 2,5-3 liter of liquid (could be anything: water, milk, tea, fruit juice, etc.). The purgative will be causing diarrhoea which may start individually at different times therefore it is expedient to stay home after the intake.

In the morning of the examination it is not allowed to eat or drink. The patient should arrive to the hospital of empty stomach between 9-9.30 (without reference to the scheduled time of intervention)

Previous to the examination the rest of stool will be excreted due to administration of 1-2 smaller enemas. Followed by the preparation and the consultation with the anaesthesiologist the examination will be performed in venous narcosis.

The patient may leave the hospital after the examination at around 4 pm under escort because it is not allowed to drive.